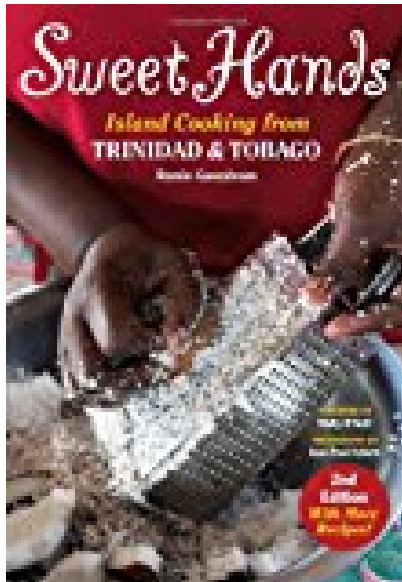


# Sweet Hands Island Cooking from Trinidad and Tobago

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## BOOK DETAILS

- Author : Ramin Ganeshram
- Pages : 265 Pages
- Publisher : Hippocrene Books
- Language : English
- ISBN : 078181250X



## BOOK SYNOPSIS

SUPERANNO Chef-journalist Ramin Ganeshram introduces readers to the rich, eclectic cuisine of her fathers homeland, Trinidad—where African, Indian, Chinese and British culinary influences come together in a unique blend. Updated with new recipes, a detailed travel section for visitors to Trinidad & Tobago, a foreword by New York Times columnist Molly O'Neill and stunning color photos, this collection of 175 recipes will appeal to any enthusiast of Caribbean cuisine and culture. Original.

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